

IO18-137 Vaping and Electronic Smoking Products: What You Need to Know -Evening Session



PRESENTED BY
Kim Ruptash



SERIES SESSIONS

Date	Time
February 27, 2018	7:00 PM - 8:00 PM



LOCATION
Online

FEE

\$0.00

QUESTIONS?

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Program

Electronic cigarettes, or vapes, have been growing in popularity over the past few years, and although they are believed by many to be safe and harmless compared to cigarettes, there is growing research that indicates there should be caution and concern related to the use of these products. This webinar will explore use trends, current research on safety and provide information about potential for addiction, re-normalization of smoking, possible adverse health effects, the lack of regulation and hopefully answer questions about this perplexing product.

Presenters

Kim Ruptash

Kim, an addiction and tobacco reduction counsellor with Alberta Health Services Community Addiction and Mental Health for 18 years, is a Certified Tobacco Educator and Canadian Certified Addiction Counsellor. She has extensive knowledge and experience in tobacco prevention, education, cessation and policy work. She has

a keen interest in shaping and influencing healthy behavior, especially among youth and their key influencers. She is a wife, volunteer and Mom of 3 girls aged 8, 11 and 13, who has a passion for debunking myths and filtering messages in research to people of all ages.
