

## IO20-135 Spring Gathering 2020: RIBBON SHIRTS AND SKIRTS WORKSHOP (Optional Pre-Conference Session)



### PRESENTED BY

Cynthia Young , Shelly Pewapsconias & Mike Young



### SERIES SESSIONS

Date	Time
May 19, 2020	1:00 PM – 4:00 PM



### LOCATION

Lakeland College Lloydminster Campus - 2602  
59 Avenue

### FEE

**\$45.00**

### QUESTIONS?

#### Contact Us:

**780-623-2248**

### REGISTER ONLINE

**Visit our website to register:**

**[lnes.ca](https://www.lnes.ca)**

## Program

We will learn the history and teachings of the Ribbon shirt and skirt, and continue onto the steps of creating your own garment.

Ribbon shirts and skirts are a symbol of sacredness and in some areas refer to the tipi and how the women take care of the tipi and their teachings. Ribbon garments are not bound to one specific tribe, but influenced by the many Tribes. When attending a ceremony, women are advised to wear a long skirt because the grounds are sacred and ceremonies are being conducted. It is believed that the bottom of the skirts should touch the earth's medicines, and as the women walked, "Mother Earth would always know who it was that was making their presence felt on her back" and the prayers are answered accordingly.

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## Presenters

Cynthia Young

Cynthia Young – I was raised in a small northern community that allowed me to walk my cultural path and learn to succeed in a colonial world. I have gathered my cultural tools through various elders from many different communities and have shared all my knowledge with the youth of my people. I love providing people with the best things of my culture.

#### **Shelly Pewapsconias**

Manager of Indigenous Support Services, Shelly Pewapsconias has been with Lakeland College since 2010. She is an Athabasca University alumni as well as a Lakeland alum. After graduating, Shelly worked in the Oil & Gas industry in Lloydminster. In 2010, Shelly joined Lakeland College in the trades department and has continued to have her hand in the oil and gas course areas and has instructed in two of continuing education's mission programs. Shelly's most recent role allows her to work on both Lakeland College campuses supporting Indigenous learners with their educational goals. During her spare time, Shelly can be found keeping busy spending time with family both the two and four legged ones, planning road trips, writing, beading, sewing and hanging out with family.

#### **Mike Young**

Mike is a fluent Cree speaker from Northern Saskatchewan where his roots and culture are enriched with an outdoor lifestyle, Mike enjoys mentoring young men on what it means to be native or metis. He encourages people to walk a good cultural journey. He is a wealth of knowledge learning from Elders from his home town of Cumberland House.

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## **Registration Notes**

**Registration fee includes all required materials for this workshop.**