

IE21-12 A Lunch and Learn Supporting Mental Wellness in Elementary School Aged Students



PRESENTED BY

Christina Harvey



SERIES SESSIONS

Date	Time
September 28, 2020	12:00 PM - 12:30 PM



LOCATION

Online

FEE

\$0.00

QUESTIONS?

Contact Us:

780-623-2248

REGISTER ONLINE

Visit our website to register:

Ines.ca

Program

As we make our way through our current realities, we continue to keep a close eye on those we have been entrusted to educate and care for; our students and ultimately each other. This 30 minute 'Lunch and Learn' will take you through the 'Top 3 Resources' that Alberta Health Services personnel turn to when their support for assistance is requested. Christina Harvey, the session facilitator is all too familiar with the stressors our children are facing and is looking forward to spending this time with you.

This learning opportunity is being offered through a grant from Alberta Education.

Presenters

Christina Harvey

Christina Harvey is a Health Promotion Facilitator with Community Addiction and Mental Health based out of Wainwright. Christina serves MD of Wainwright, MD of Provost, Flagstaff County and East side of Beaver County. Currently Christina chairs two community coalitions and participates with many others in her communities.

Through volunteering Christina has witnessed the power of communities and appreciates meeting and collaborating with many community members throughout Central Zone.

Registration Notes

Once you have registered for a professional learning session, our system automatically generates and sends a **'Confirmation of registration email'**. This 'automatic response' will be sent to the email address you enter at the time of registration'. If the workshop you registered for is **Online, you will find a link to connect you to the workshop in your confirmation email**. If you do **NOT** receive a confirmation email within 24 hours of registering, please check your **Spam/Junk/Trash file**. If you do not receive a confirmation email please contact celine.zevola@learning-network.org